

LAUGHDATE

Learning to lighten up and not take ourselves too seriously

DATE IDEAS

1. Youtube Date - Spend an hour on YouTube watching great videos that will make you laugh. Here are a few to get you started:

<http://www.youtube.com/watch?v=yR0IWICH3rY>

<http://www.youtube.com/watch?v=RP4abiHdQpc>

<http://www.youtube.com/watch?v=NAFiU6bZ678>

<http://www.youtube.com/watch?v=mIMFL9wRaJE>

2. Meet for lunch or go to a coffee shop or somewhere you enjoy being together and take the Laugh52 list and share stories with one another.

3. What's your favorite comedy of all time? Rent that movie for old time's sake and stay home together and laugh. You could even rent a holiday comedy out of season. (Elf, Christmas Vacation, etc)

4. Book tickets to go see a comedian coming to the area.

5. Set a date night either together or with other couples and play "Whose Line Is It Anyway." You can find a list of the games from the TV show by simply doing a Google search of the show. Have fun with the ad-libs all night long.

6. Take a mini-road trip and do karaoke in the car. Sing your favorite songs as loud as you can. Sing the greatest duets of all time. Here are 5 of Billboard's Top Duets of All Time:

#35 - I've Got You Babe (1965) Sonny and Cher

#31 - I Knew You Were Waiting (1987) Aretha Franklin/George Michael

#26 - I've Had the Time of My Life (1987) Bill Medley and Jennifer Warnes

#9 - Islands in the Stream (1983) Kenny Rogers and Dolly Parton

#1 - Endless Love (1981) Diana Ross and Lionel Richie

7. Find an activity neither one of you are that good at and attempt it together. For instance you could go roller skating, ice skating, kayaking, tandem biking, etc.

8. Take out the old yearbooks/annuals. Go through and laugh at yourself. Your dress, hairstyle, etc. Categorize and rank them. Ugliest hairdo. Most gaudy dress.

9. Sign up for a dance lesson. The dance instructor determines the level of fun. If he or she is super strict and serious, that gives less seasoned dancers something to laugh about. This date will force you out of your comfort zone.

10. Spend one hour at an arcade. After you get over your anger at the price of games these days, try some of the physical games (dancing, basketball shooting, skeeball, strength games). You'll get a laugh out of the competitive spirit that rise up in you.

LAUGH52

1. In what ways do I take myself too seriously?

2. Is there a vacuum of laughter in our home?

3. In what areas of life do I need to lighten up?

4. If your siblings were here and told a funny story about you, what would they say?

5. Think back to when you were in elementary school, what is the funniest experience you remember?

6. When was the last time you laughed so hard you cried?

7. Who is the funniest person you've ever met?

8. What is the craziest thing you ever did in a store?

9. When was the last time you tripped and fell in front of others?

10. Name the most embarrassing thing that's happened to you in the last year?

11. What is the funniest movie you've ever seen?

12. What is the most embarrassing thing you've ever done while playing with (our) kids?
13. Fastest way to make your kids laugh?
14. What makes you laugh the hardest?
15. What's the funniest thing I've ever said to you?
16. What is the funniest thing you've ever seen me do?
17. What is the grossest thing you've ever eaten?
18. When was the last time I really made you laugh?
19. Fill in the blank: I'm most fun to be around when I....
20. What is the funniest thing you've ever heard our kids say?
21. When was the last time you had to bite your lip to keep from laughing?
22. What do you do or think about to keep from laughing at an inappropriate time?
23. Name the last time you laughed at a really inappropriate time.
24. Name the last time you busted out laughing after watching a stranger.
25. Looking back at pictures from your younger days, what was the most embarrassing hairstyle you sported?
26. Most embarrassing outfit you've ever been caught wearing?
27. If you weren't worried about what other people thought, what is the one thing you wish you could do in public?
28. If you knew no one would see you, what dance would you do down the aisles of a store?

29. Your favorite but most embarrassing dance move?
30. Have you ever left the house forgetting an important article of clothing?
31. Name one song or movie you love but are embarrassed to admit.
32. What was the last time you were genuinely scared about something that turned out to be absolutely harmless?
33. What is the most embarrassing thing you've had to buy at a store?
34. Is there one photo of yourself that you laugh at every time you see it?
35. What's the silliest thing you remember us doing together?
36. What's the funniest license plate or bumper sticker you've ever seen?
37. Funniest moment in church?
38. If you didn't have to act your age for a day, what kid-like things would you love to do?
39. Have you ever laughed or wanted to laugh watching me sleep?
40. If you're having a bad day, what can I do to make you laugh?
41. What word do you think is just weird?
42. What's the most embarrassing gift you ever received but had to act like you liked it?
43. When you were in high school what did you wear that made you feel super cool but now is just embarrassing?
44. When was the last time the kids embarrassed you in public by something they said or did?
45. Have you ever sent a text/email to someone else that was supposed to go to me?

46. What's your funniest Christmas memory?

47. When was the last time we had a disagreement that ended in us laughing at ourselves?

48. When was the last time you saw a couple that wore matching outfits? Have we ever done that?

49. If I'm grumpy, what's one thing you try to do to snap me out of it?

50. When you _____, I can't help but smile.

51. Name something your parents said on a regular basis that drove you crazy but now makes you smile.

52. What's the most embarrassing thing you ever saw your parents do?