

Because you are better at marriage than you think!

As a MarriedPeople E-ZINE member, each month you receive ideas and insights with go-and-do's you can actually go and do. So pick one, two or three of the things below and see how little things can turn into something big. You got this . . . **because you are better at marriage than you think!**



He Said, She Said

Each month, we highlight a couple we think has something great to say. We give them one question to ask each other. This month's couple is David and Kathy Hill. David and Kathy have been married 15 years and have one child.

We asked Kathy and David to fill in the following blank:
The small thing, that makes a big difference in our marriage is _____.

David: The small thing that makes a big difference in our marriage is that I have learned my wife's love language, "Acts of Service." Unloading the dishwasher demonstrates my love to her and speaks to her more than roses ever would.

Kathy: The small thing that makes a big difference in our marriage is that I try to ensure that my husband comes home to a calm, uncluttered environment. That means at 4:30 every day my daughter and I do a quick pick up of the living room and kitchen and turn off the TV so that my introverted love walks into his castle ready to transition to family time.



Hot Button

Each month, we have asked a Christian therapist to share with us one simple thing that could dramatically impact marriages. This month, we want you to hear again from Drs. Les and Leslie Parrot.

Leslie and I were in the middle of a joint project and had just resolved a small tiff about me being more patient with her differing work style. She is process-oriented, relational and unruffled, while I am far more task-oriented, sequential and time-conscious in tackling a project. And because I push myself hard most of the time, I can, admittedly, push others (including my wife) and become irritatingly impatient. Well, as I said, we had just resolved this squabble, or so we thought, when only a few minutes later the following words tumbled out of my mouth: "Can't you pick up the pace a little here, we're never going to meet our deadline at this rate?" Leslie looked at me in sheer amazement, made a quick study of my facial expression, determined that I was serious, and burst into tears.

[Click here for more.](#)



Random Awesomeness

Each month, we justify surfing the Web to bring you random awesomeness.

This month we want to link you to **one because it's funny** and the **other because it's simply awesome.**



Post It

Grab a sticky note, fill in the blank below, and put it in a place your spouse will find it (e.g., washing machine, steering wheel, bathroom mirror.) Take a picture of the note and upload it to the social media outlet of your choice with the hashtag #ilovemyhoney.

You make me laugh when you _____.

The Spice



Each month, we will bring you one tip that will hopefully bring you closer in the bedroom. This month, we want you to hear from Dave Willis, Author and the Founder of [StrongerMarriages.org](#).

Sexual intimacy is one of the most powerful gifts God ever created. It was designed to bring a man and woman together in a physical, emotional and spiritual bond that would create, pleasure, intimacy and also procreation. Marriages that neglect or misuse this gift are headed for frustration and most likely, divorce. *Most marriages that don't prioritize what happens in the bedroom will usually end in a courtroom.* [Click here for more.](#)

2-Minute Vacation



During one meal this week, ask each other this question:

If you could make our car instantly transform into something else, what would it be?

Plugged In



The best gift you can give your spouse is a healthy you—healthy spiritually, physically, mentally, and emotionally. Each month, we will explore a different way to make you a better you. This month, we want you to hear from Shaunti Feldhahn, social researcher, best selling author, and marriage guru.

I don't think there are many who would be surprised to hear that in my interviews and surveys with over 1,000 men for my book *For Women Only*, men emphatically stated that it had an emotional impact to see that their wife was making an effort to take care of herself for him. It makes a guy feel loved because she obviously wants to be attractive to him. They don't expect their wives to look like supermodels, but the care and effort makes them feel loved – and helps in fighting off the many visual challenges they face in their thought life every day. But what guys may not realize is that even though women aren't as "visual" as men are, the effort they put into taking care of themselves and being healthy has a huge impact on women. I know from my research that every man wants to feel desired by his wife – and that feeling desired gives them confidence in every other area of their life. [Click here for more.](#)